

Hapkido 3rd Kup - Brown Belt

Belt Size _____ Name _____ Today's Date _____ E-Mail _____
 Class Day _____ Address _____ Starting Date _____ Birth Date _____
 Class Time _____ Last Promotion Date _____ Age _____
 Instructor _____

		ATTACKS FROM THE REAR		ATTACKS FROM THE FRONT	
Arms Pinned					
Arms Free					
Hand Choke					
Hair Pull					
Shoulder Grab					
Cross Shoulder Grab					
Double Shoulder Grab					
Elbow Grab					
Cross Elbow Grab					
Double Elbow Grab					
Wrist Grab					
Cross Wrist Grab					
Double Wrist Grab					
One Free/One Pinned					
Arms Locked					
Arm Choke					
Full Nelson					
Lapel Grab					
Cross Lapel Grab					
Double Lapel Grab					
Grab and Punch					
Head Lock (Front)					
Head Lock (Side)					
Waist Tackle					
PUNCH DEFENSES-Entries to Take Downs		KICK DEFENSES		WEAPON DEFENSE	
Jab/Cross (12)		Random (10)		Club (5)	
Reaction Time		Reaction Time		Knife (3)	
Blocks		Blocks		Gun (3)	
Entry		Counter Attacks			
Take Down					

I recognize that belts are awarded only when specific standards of performance can be met by the student during testing. If I do not achieve the desired rank, I may test again, at no cost, for that rank at the next testing session. I recognize that promotion standards are uniform and that each belt reflects a specific level of competence.

Student Signature _____

Pass _____ Fail _____

Judge Signature _____

HAND TECHNIQUES			BODY MOVEMENT-	HAN-BO		
<i>Mil Gi</i>			Front & Back	Roof Block Overlay Thrust		
Double (10)			Side to Side	Box Block Overlay Thrust (Tight)		
2-on-1 (10)			Slide Back 45	Box Block Overlay Thrust		
Body Movement			Inside Pivot	45 Block Overlay Thrust Overhand		
Reaction Time			Back Pivot	Low Inside Block Upward Strike		
Counter Attack			Cross-Step & Turn	X-Strike-Horizontal Strikes		
<i>Job Gi</i>			Back Spin	Hook-Overlay-Thrust		
Double (10)			Back Step	Low Outside Block-Upward Strike		
2-on-1 (10)						
Body Movement			FALLING			
Reaction Time			Back Fall			
Counter Attack			Side Fall			
<i>Keuk Gi</i>			Front Fall (stand)			
Double (10)			Roll Out			
2-on-1 (10)			over obstacle			
Body Movement			pushed			
Reaction Time			Side Roll			
Counter Attack			Back Roll			
Grab and Lock (6)			pushed			
Come-a-longs (3)			8 Directional Roll			
<i>Dungee Gi</i>			Ground Fighting- Mounted			
Double (10)			Striking			
2-on-1 (10)			Pinned			
Body Movement			Choked			
Reaction Time			TEACHING DEMONSTRATION			
Counter Attack			Technique			
Grab and Throw (6)			Progression			

BLOCKS & STRIKES			Back Crescent			Thunder Kick		
			Drop Back Side			Double Front (apart)		
			Drop Back Spin			Double Front (together)		
KICKS			Jump Front (front)					
Front			Jump Front (back)					
Front Twist			Jump Front 45			Kick/Sliding Kick		
Half Moon			Jump Roundhouse (front)			Inside/Outside Crescent		
Roundhouse			Jump Roundhouse (back)			Roundhouse/Back Spin		
Side			Jump Roundhouse 45			Side/Back Side		
Back Side			Jump Side (front)			Own Combinations		
Back Spin			Jump Side (back)					
Back Spin-hook			Jump Side 45					