

Hapkido 2nd Kup - Red Belt

Belt Size _____ Name _____ Today's Date _____ E-Mail _____
 Class Day _____ Address _____ Starting Date _____ Birth Date _____
 Class Time _____ Last Promotion Date _____ Age _____

		ATTACKS FROM THE REAR		ATTACKS FROM THE FRONT				
Arms Pinned								
Arms Free								
Hand Choke								
Hair Pull								
Cross Shoulder Grab								
Double Shoulder Grab								
Cross Elbow Grab								
Double Elbow Grab								
Cross Wrist Grab								
Double Wrist Grab								
Sleeve Grab								
Cross Sleeve Grab								
Double Sleeve Grab								
One Free/One Pinned								
Arms Locked								
Arm Choke								
Full Nelson								
Lapel Grab								
Cross Lapel Grab								
Double Lapel Grab								
Grab and Punch								
Head Lock (Front)								
Head Lock (Side)								
Waist Tackle								
PUNCH DEFENSES			KICK DEFENSES			WEAPON DEFENSE		
Vs Cross (12)			Random (10)			Club (5)		
Vs Hook (6)			Reaction Time			Knife (5)		
Reaction Time			Blocks			Gun (5)		
Blocks			Counter Attacks					
Counter-Attacks								

I recognize that belts are awarded only when specific standards of performance can be met by the student during testing. If I do not achieve the desired rank, I may test again, at no cost, for that rank at the next testing session. I recognize that promotion standards are uniform and that each belt reflects a specific level of competence.

Pass _____ Fail _____

Student Signature _____

Judge Signature _____

FALLING			BODY MOVEMENT- STICK			
Back Fall			Front & Back	Downward Diagonal- Backhand		
Side Fall			Side to Side	Downward Diagonal- Backhand		
Front Fall			Slide Back 45	Downward Diagonal- Backhand		
with short dive			Inside Pivot	Downward Diagonal- Backhand		
Roll Out			Back Pivot	Downward Diagonal- Backhand		
over obstacle			Cross-Step & Turn	Downward Diagonal- Backhand		
Side Roll			Back Spin	Downward Diagonal- Backhand		
8 Directional Roll			Back Step	Downward Diagonal- Backhand		
HAND TECHNIQUES						
<i>Mil Gi</i>			Come-a-longs (5)			
Elbow Grab (10)			<i>Dungee Gi</i>			
Shoulder Grab (10)			Elbow Grab (10)			
Body Movement			Shoulder Grab (10)			
Reaction Time			Body Movement			
Counter Attack			Reaction Time			
<i>Job Gi</i>			Counter Attack			
Elbow Grab (10)			Grab and Throw (8)			
Shoulder Grab (10)			LOCKS			
Body Movement			Defenses (6)			
Reaction Time			2 Lock Flows (4)			
Counter Attack			TEACHING DEMONSTRATION- 1-1			
<i>Keuk Gi</i>			Progression			
Elbow Grab (10)			Corrections			
Shoulder Grab (10)			Pressure Points (3)			
Body Movement			KUNJA OUTLINE			
Reaction Time			Demonstrated Teaching			
Counter Attack						
Grab and Lock (8)						
			Back Crescent		Thunder Kick	
			Drop Back Side		Jump Back Side	
			Drop Back Spin		Jump Back Crescent	
KICKS			Jump Front (front)		Jump Back Spin	
Front			Jump Front (back)		Double Front (apart)	
Front Twist			Jump Front 45		Double Front (together)	
Half Moon			Jump Roundhouse (front)		Kick/Sliding Kick	
Roundhouse			Jump Roundhouse (back)		Inside/Outside Crescent	
Side			Jump Roundhouse 45		Roundhouse/Back Spin	
Back Side			Jump Side (front)		Side/Back Side	
Back Spin			Jump Side (back)		Own Combinations	
Back Spin-hook			Jump Side 45			